## CLIENT SURVEY REPORT OVERVIEW

Report Date: March 24, 2023

The Minnesota Food Shelf Surveys provide a critical opportunity to gather feedback from individuals visiting food shelves and food shelf managers. These voices have the ability to inform food shelf services and hunger relief system priorities. The survey takes place every 2-3 years, and prior results from the 2017 and 2019 surveys have provided important insights on the most requested food items and most valued client experiences at a food shelf.

The 2022 Minnesota Food Shelf Survey was administered to food shelf clients via paper or electronically from July to October 2022 at 288 unique food shelf sites (roughly 58\% of 437 total Minnesota food shelf sites). A total of 7,014 responses from clients were gathered statewide. A companion survey was emailed directly to food shelf sites in August and September 2022 and was completed by 248 food shelf managers.

Each participating food shelf site with at least 10 client responses will receive a site specific client survey report that has been reviewed by the University of Minnesota Extension Evaluation team to remove any potentially identifying information.

## WHAT IS IN THE CLIENT SURVEY REPORT

## Survey Overview and Guide: pages 1-2 <br> Client Survey Report Summary: pages 3-6

- Demographics
- Most Important Food Choices
- Most Important Food Shelf Experiences


## Appendix: pages 7-end

- Full list of Survey Questions and Results, including client comments.
- Some percentages may not add up to 100\% because of rounding and the removal of some items for clarity.
- When questions allow for multiple responses, the counts for each question may be larger than the total survey response number.

BROUGHT TO YOU IN COLLABORATION BY:

## GUIDE TO USING THE CLIENT SURVEY REPORT

This Client Survey Report is intended to help food shelf leaders better understand the unique needs and preferences of food shelf clients. Food shelves are encouraged to share the results internally (staff, volunteers, and board members) and externally (food shelf clients and the broader community). A framework to use when reviewing the data is:
. CELEBRATE: What are we doing well? What are we proud of?

- IMPROVE: Where can we do better?
. COLLABORATE: What do we need to learn more about? Who should we connect with?
- ADVOCATE: What do we need from each other and others to keep doing our best?

Food shelf site-specific Client Survey Report data can also be compared to the 2022 Statewide Client Survey Report as a further discussion point.

## HOW REPRESENTATIVE IS THE DATA?

A target sample goal of client survey responses was set for each food shelf site based on the number of monthly household visits. Food shelves should review the number of survey responses collected at the site and the target sample goal, listed on page 3, when considering how representative the data is of a food shelf's clients.

- Responses Collected at or above Target Sample Goal: Data is more representative of site's food shelf clients.
- Responses Collected below Target Sample Goal: Data is less representative of site's food shelf clients.

No matter how representative the data is on a client survey report, it is also important to ask the following questions:

- What voices might not be represented in the report? Current and/or potential food shelf clients?
- Where do we need additional input from clients and/or the broader community?


## NEED SUPPORT?


#### Abstract

All Minnesota food shelves have access to support from 2022 Minnesota Food Shelf Survey partners, University of Minnesota Extension and Foundation for Essential Needs (FFEN), to review results and discuss areas of strength and opportunities for improvement.


For more information, support tools, and direct consultation, visit the SuperShelf website or contact info@ffen.org.

SWS_ID:
Site_Name:


Survey responses collected: 7014

| Survey method: | Paper | QR |
| :--- | ---: | :---: |
| Percentage of Choices | $86 \%$ | $14 \%$ |

## CLIENT SURVEY REPORT

## Target Sample Goal:

The 2022 Minnesota Food Shelf Survey was administered from July to October 2022. The Target Sample Goal has been achieved.

## CLIENT VOICES REPRESENTED IN THIS REPORT: DEMOGRAPHICS

## Gender (Q17)

Racial and/or Ethnic Background (Q16)


The percentage of clients self-identified as a member of the LGBTQ+ community is (Q18):
LGBTQ+ community
Percentage of Responses

Length of time visiting food shelf (Q1)

Potential barriers to accessing food (Q3)



Preferred method to receive food (Q15)



Client's feelings regarding judgment by staff members/volunteers because
of their personal circumstances or other reasons (Q5)


Most important experiences clients value (Q8)


- Percent of responses

Frequency of specific experiences (Q9)


Most important foods clients want at each visit (Q11)


- Percent of responses

Frequency of specific foods (Q10)


## Appendix

## ABOUT THIS FOOD SHELF AND YOUR EXPERIENCE

Q1: How long have you been visiting this food shelf? Please check one option. 6914 Responses

| Response Options | Percent of responses | Count |
| :--- | ---: | ---: |
| This is my first time | $7 \%$ | 468 |
| About a month | $13 \%$ | 913 |
| About six months | $16 \%$ | 1,098 |
| About a year | $17 \%$ | 1,155 |
| About two years | $13 \%$ | 903 |
| More than two years | $34 \%$ | 2,351 |
| Prefer not to answer | $1 \%$ | 88 |

Q2: If not your first visit, how often do you visit this food shelf? Please check one option.
6766 Responses

| Response Options | Percent of responses | Count |
| :--- | ---: | ---: |
| Once a week or more | $16 \%$ | 1,067 |
| A few times a month | $25 \%$ | 1,674 |
| Once a month | $44 \%$ | 2,978 |
| A few times a year | $12 \%$ | 791 |
| Does not apply, this is my first visit | $3 \%$ | 221 |
| Prefer not to answer | $1 \%$ | 79 |

Q3: What barriers keep you from accessing food from this food shelf as frequently as you would like? Please check all that apply.
6792 Responses

| Response Options | Percent of responses | Count |
| :--- | ---: | ---: |
| I have no barriers to accessing food | $58 \%$ | 3,968 |
| The food shelf hours do not work for my schedule | $8 \%$ | 570 |
| The food shelf limits how often I can access food | $13 \%$ | 855 |
| I have trouble accessing reliable transportation to access food | $12 \%$ | 848 |
| Other (please describe): | $8 \%$ | 554 |
| Prefer not to answer | $6 \%$ | 388 |

Q4: How long does it typically take to get your food from the time that you arrive at this food shelf, to the time you leave, including waiting in line and filling out any paperwork? Please check one option.
6866 Responses

| Response Options | Percent of responses | Count |
| :--- | ---: | ---: |
| Less than 15 minutes | $32 \%$ | 2,217 |
| $15-30$ minutes | $41 \%$ | 2,846 |
| 31 minutes -1 hour | $18 \%$ | 1,244 |
| Between 1 and 2 hours | $6 \%$ | 413 |
| More than 2 hours | $1 \%$ | 97 |
| Prefer not to answer | $2 \%$ | 134 |

Q5: Have you ever felt that a staff member or volunteer at this food shelf judged you because of your personal circumstances or other reasons?
6761 Responses

| Response Options | Percent of responses | Count |
| :--- | ---: | ---: |
| Strong no | $52 \%$ | 3,519 |
| No | $47 \%$ | 2,767 |
| Yes | $4 \%$ | 288 |
| Strong yes | $7 \%$ | 84 |
| Prefer not to answer | $2 \%$ | 169 |

Q6: What do you think is the main reason for these experiences? Please check all that apply.
984 Responses

| Response Options | Percent of responses | Count |
| :--- | ---: | ---: |
| Your ancestry or national origins | $5 \%$ | 52 |
| Your gender | $9 \%$ | 97 |
| Your race | $12 \%$ | 176 |
| Your age | $12 \%$ | 120 |
| Your religion | $5 \%$ | 46 |
| Your height | $5 \%$ | 48 |
| Your weight | $5 \%$ | 52 |
| Some other aspect of your physical appearance | $9 \%$ | 89 |
| Your sexual orientation | $3 \%$ | 26 |
| Your education or income level | $8 \%$ | 81 |
| A physical disability | $7 \%$ | 65 |
| Your shade of skin color | $4 \%$ | 39 |
| Your tribe | $1 \%$ | 17 |
| Other (please describe) | $24 \%$ | 240 |
| Prefer not to answer | $35 \%$ | 342 |

Q7: Do you think that this food shelf took sufficient precautions to help prevent the spread of COVID-19 over the last two years? Please check one option. 6503 Responses

| Response Options | Percent of responses | Count |
| :--- | ---: | ---: |
| Insufficient, they needed to do a lot more | $1 \%$ | 86 |
| Somewhat, but they could have done more | $4 \%$ | 279 |
| Yes, they did everything they could | $78 \%$ | 5,094 |
| I felt that this food shelf took too many precautions | $10 \%$ | 641 |
| Prefer not to answer | $6 \%$ | 406 |

Q8: When considering your experience at this food shelf, what 3 things are most important to you? Please check 3 options.
6689 Responses

Response Options | Percent of |
| :---: |
| responses | Count

| The process to select my food is easy | $44 \%$ | 2,968 |
| :--- | ---: | ---: |
| I can choose my own food | $57 \%$ | 3,833 |
| Plenty of different varieties of food are available | $42 \%$ | 2,830 |
| Food looks fresh \& appealing | $29 \%$ | 1,949 |
| Foods from my culture are available | $6 \%$ | 433 |
| Someone at the food shelf speaks my language or can find some way to | $5 \%$ | 339 |
| assist me in my language | $14 \%$ | 925 |
| I can understand the signs and instructions in the food shelf | $43 \%$ | 2,848 |
| Volunteers or staff greet me and make me feel welcome | $10 \%$ | 669 |
| There is a comfortable place to wait | $18 \%$ | 1,236 |
| The wait time is reasonable | $15 \%$ | 1,015 |
| Volunteers or staff listen to my needs and answer my questions | $5 \%$ | 360 |
| Other (please describe): | $2 \%$ | 712 |

Q9: How often do you experience the following at this food shelf? Please check one per row.
6659 Responses

| Response Options | Always | Often | Sometimes | Rarely | Never | Prefer not to answer |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| I can choose my own food | 64\% | 15\% | 9\% | 3\% | 7\% | 2\% |
| Volunteers or staff greet me and make me feel welcome | 80\% | 13\% | 4\% | 1\% | 1\% | 1\% |
| The process to select my food is easy | 73\% | 14\% | 6\% | 1\% | 3\% | 2\% |
| Plenty of different varieties of food are available | 56\% | 23\% | 15\% | 2\% | 1\% | 2\% |
| Food looks fresh \& appealing | 53\% | 28\% | 15\% | 1\% | 1\% | 2\% |

Q10: How often are the following foods available at this food shelf? Please check one per row.
6635 Responses

| Response Options | Always | Often | Sometimes | Rarely | Never | Prefer not to <br> answer |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Meat, poultry, and fish | $56 \%$ | $26 \%$ | $12 \%$ | $3 \%$ | $1 \%$ | $2 \%$ |
| Dairy | $55 \%$ | $28 \%$ | $12 \%$ | $2 \%$ | $1 \%$ | $2 \%$ |
| Fresh fruit \& vegetables | $51 \%$ | $28 \%$ | $14 \%$ | $3 \%$ | $1 \%$ | $2 \%$ |
| Eggs | $47 \%$ | $27 \%$ | $16 \%$ | $6 \%$ | $2 \%$ | $2 \%$ |
| Cooking items (spices, oils, | $43 \%$ | $24 \%$ | $20 \%$ | $8 \%$ | $3 \%$ | $2 \%$ |
| etc) |  |  |  |  |  |  |

Q11: What foods are important for you to have every time you visit? Please check all that apply.
6692 Responses

| Response Options | Percent of <br> responses | Count |
| :--- | ---: | :--- |
| Fresh fruits and vegetables | $79 \%$ | 5,299 |
| Meat, poultry, and fish | $79 \%$ | 5,299 |
| Cooking items (spices, oil, etc) | $38 \%$ | 2,532 |
| Canned fruits and vegetables | $47 \%$ | 3,122 |
| Nuts | $26 \%$ | 1,769 |
| Dried and canned beans | $25 \%$ | 1,659 |
| Whole grains (brown rice, whole wheat bread, and whole wheat pasta) | $36 \%$ | 2,437 |
| White bread (sliced bread, hot dog buns, and hamburger buns) | $40 \%$ | 2,671 |
| Plain, non-whole grains (white flour tortillas, non-whole grain pasta, | $22 \%$ | 1,491 |
| white rice) | $73 \%$ | 4,868 |
| Dairy (milk, cheese, yogurt) | $72 \%$ | 4,831 |



Buffalo
Butter
Canned Deer meat and Canned Walleye
Chow Mein
Coconut milk, goat
Coconut milk, soya sauce, sesame oil
Coconut oil
Cod fish or walleye
Cost Irdan Species
Dates, figs
Don't matter
Egg, milk, fruit, veg
Enifie, Garie, rice
Farina
Fish, Berries, Rice, maple sugar items
French and/or Italian, African
Fresh fruit and vegetables.
Fufu
Fufu
Fufu, Gani, Corn flour
Fufu, chicken feet
Fufu, palm oil
Gari
Garri, goat meat
Garri, palm oil
Goat Meat
Goat Meat
Goat and camel meat
Good

Q12: Which of the following non-food items would be most important for you to have available at this food shelf? Please pick 3 options.
6067 Responses

| Response Options | Percent of responses | Count |
| :--- | ---: | :---: |
| Diapers | $14 \%$ | 839 |
| Menstrual products | $18 \%$ | 1,712 |
| Cleaning products (laundry detergent, dish soap, paper products) | $69 \%$ | 4,189 |
| Personal hygiene products (hair care, razors, hand soap) | $52 \%$ | 3,770 |
| Dental hygiene products (toothpaste, floss, mouthwash) | $42 \%$ | 2,527 |
| Toilet Paper | $69 \%$ | 4,163 |
| Other (please describe): | $6 \%$ | 382 |
| Prefer not to answer | $5 \%$ | 277 |

For clients who selected "Other," they suggested the following non-food items:
paper towel
depends
bath soap
Medicine
Shampoo condition
leche Pediasure
decent shampoo
covid tests (drawing of smiley face)
Paper towel
paper towels
ALL
paper towel
underlined "laundry detergent" and "razors"
electric toothbrush, anti-perspirant, shower, soap towels
Batteries AA-AAA
paper towels
paper towels
paper towels
circled razors
2 batteries/disposable cups
training pants/toddler undies size 2T/3T-4T/5T for toddlers
shampoo, deo
coffee
ALL!!
dog food
Have no need there are items available here
Depends for men
pet food
This was cool to have on the shelf.
limit
bottled water
Household suppliers
num 6 or 7 written by diapers
baby formula
Kleenex, wipes, dryer sheets
shampoo
N/A
pet food
circled toothpaste
said sometimes I find it for 2 nd and 5th choices
pet food
veggies, salad, bread, fruit
dog and cat food
Paper towels

If I could get gluten free that would help
N/A
Depends or similar products size $L$ for Ladies
none
Baby formula
dog and cat food
briefs
paper towes, air freshener, sprays, candles
Circled paper products and wrote paper towels
Ice cream
underlined 'laundry detergent, dish saop, paper products'
landry
Adult incontinence
Mr. Clean
trash bags.
mone
size $4 / 5$ pull ups
face masks, sanitizing hand sanitizer. You have given me a lot!

Q13: Think about all the food you get for your household (from all places). How much of all the food you got in the last 6 months was from this food shelf? Please check one option.
6445 Responses

| Response Options | Percent of responses | Count |
| :--- | ---: | ---: |
| I didn't get any | $4 \%$ | 290 |
| Less than half | $34 \%$ | 2,201 |
| About half | $28 \%$ | 1,808 |
| More than half | $20 \%$ | 1,307 |
| All of my food | $9 \%$ | 672 |
| Prefer not to answer | $5 \%$ | 294 |

Q14: In the past year, have you ever had to choose between buying food and paying for any of the following? Please check all that apply.
6346 Responses

| Response Options | Percent of responses | Count |
| :--- | ---: | ---: |
| Utilities | $38 \%$ | 2,393 |
| Transportation | $27 \%$ | 1,686 |
| Medical care or medication | $20 \%$ | 1,285 |
| Housing | $26 \%$ | 1,638 |
| Education | $5 \%$ | 326 |
| Childcare | $5 \%$ | 302 |
| No/does not apply | $30 \%$ | 1,925 |
| Prefer not to answer | $13 \%$ | 825 |

Q15: How would you prefer to receive your food from this food shelf? Please check one option.
6431 Responses

| Response Options | Percent of responses | Count |
| :--- | ---: | ---: |
| Shopping at the food shelf | $68 \%$ | 4,390 |
| Food pick-up | $24 \%$ | 1,552 |
| Delivery | $9 \%$ | 569 |
| For clients who selected "Other" | $3 \%$ | 165 |
| Prefer not to answer | $3 \%$ | 224 |

